

THE COFFEE PRESS

Weekly Newsletter of the Rotary Club of Kona Sunrise

Greeter:

Barbara

Door Prize:

Ellen

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The Rotary Club of Kona Sunrise meets every Wednesday at 6:45 am at Humpy's Restaurant (upstairs above the ABC Store), 75-5815 Alii Drive, Kailua Kona HI. For additional information contact Club President Mike Fraser at 989-0360.

This week: Kona Suicide Prevention Task Force

Nancy M. Sallee M.A.,MFT- is a member of the Kona Suicide Prevention Task Force, and is going to address the club about the extend of suicide in our community and what can be done to help.

From <http://preventsuicidekona.com>

Suicide is the single leading cause of injury death in Hawai'i. Hawai'i loses 300+ lives to suicide each year (about one life lost in the State every other day). Every year 900+ individuals are treated in Hawai'i hospitals for non-fatal suicide attempts. Nationally, over 3,400 people take their lives every year.

The devastating trauma, loss and suffering are multiplied in the lives of family and friends in the wake of suicide, referred to as the 'survivors of

suicide.' Only recently, knowledge and tools have become available to approach suicide as a preventable public health problem with realistic opportunities to save lives.

The Prevent Suicide West Hawai'i Task Force (PSWHTF) was created to provide education, resources, training and crisis support to members of our community and visitors who struggle with the issue of suicide for themselves or their loved ones.



From President Mike

Aloha Sunrise Club Members,

Time flies - here we are into September already and it sure doesn't feel like its been two months since becoming your President.

September is Youth Services Month in the Rotary Calendar. We are fortunate to have a very active Interact Club at Kealakehe High School, as well as the newly formed relationship with the Fundinjobo Interact Club in Africa. I'm not aware of any other Rotary Club that sponsors two clubs in two different countries! Thanks to Ann

Goody for providing an update on the Fundinjobo Club and the photos of some of their members in this newsletter.

Support for our youth, both here and around the world is the future of Rotary - so please help to support these young adults by participating in their events when asked to by our Youth Services Chair Ann Goody. She'd be happy to have you attend one of the Interact Club Meetings as well. Thanks!

Mike

ROTARY CODE OF CONDUCT

**As a Rotarian,
I will:**

1. Act with integrity and high ethical standards in my personal and professional life;
2. Deal fairly with others and treat them and their occupations with respect;
3. Use my professional skills through Rotary to mentor young people, help those with special needs, and improve people's quality of life in my community and in the world;
4. Avoid behavior that reflects adversely on Rotary or other Rotarians;
5. Not seek special business or professional advantages from other Rotarians.

Fundinjobo Interactors 11th grade 2014-15



Ayanda
Mzimba



Doctor
Mashaba



Lerato
Malekane



Freddy
Muleia



Skhulile
Mkhabela



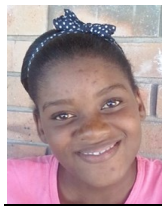
Vuyisile
Maluka



Nomcebo
Hlastshwayo



Nothando
Phiri



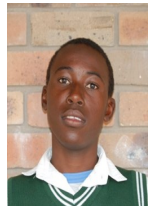
Bongzi Mngome
Zulu



Vusi
Themba



Siyabonga
Magagula



Sifiso
Sidumo



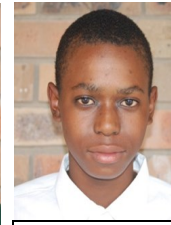
Qondokunhle
Mkoni



Senzo
Nkosi



Nancy
Nyantsumba



Zakhele
Sithole

I have some more fun news & images from Judy and the Fundinjobo Interact Club. The zozo is looking better each week and now has a mini library as of 8/30! The books are all labeled for others to borrow for a few days. The boys say reading is "for girls" but these books, mostly in English are what the students really need to read in

order to get better scores on their final exams. Judy and I have been working on things that the kids can be motivated by. So far we have come up with a monthly "who reads the most" event. The top 2 or 3 will get lunch out or automatic placement into one of the overnight events. They just had a camp event where a dozen kids got to go and on that overnight several Rotarians came and talked about their careers. It went over really well but it is so hard to get these kids to change thinking that they can only be so much in life. The library is just a start on creative ways to get these students better prepared for a brighter future.

Now 4 Interactors (10th and 11th graders) are in a bit of a fun competition to go to RYLA, so far Nancy Nyantsumba & Doctor Mashaba (11th graders) are selected. Judy has to wait until the others are done with a mid-day science program before she can get her hands on the incoming 10th graders who are joining the club to see who is going from that group. Once Judy has the new club members confirmed she will send us photos and they will vote in their officers.

These students going to RYLA camp are being supported by the White River Rotarians and the Kona Sunrise Club!!! Way to go for the Interact club farthest from their Rotary club sponsors, well co-sponsored anyway. (From Ann Goody)

Rotary Club of Kona, Every Thursday at noon, King Kamehameha Kona Beach Hotel
Rotary Club of Kona Mauka, Every Tuesday at noon, Teshima's Restaurant, Honalo
Rotary Club of North Hawaii, Every Wednesday at noon, Anna's Ranch, Waimea
Rotary Club of Hilo, Every Friday at noon, Hilo Hawaiian Hotel
Rotary Club of Hilo Bay, Every Wednesday at 6:45 am, Hilo Yacht Club
Rotary Club of South Hilo, Every Tuesday at noon, Hilo Hawaiian Hotel
Rotary Club of Volcano, Every Thursday 7:00 am, KOA Room at Kilauea Military
 Camp in Hawaii Volcano National Park. Come before 7 for breakfast.
Rotary Club of Pahoa Sunset, Every Tuesday at 5:30, Luquin's Restaurant

Club Calendar

DATE	EVENT & CONTACT
September 17	Rotary Means Business at Humpy's
September 20	Domestic Abuse Shelter Collection at Walmart 9 - 5 Ann Goody
October 3 & 4	DAS Shelter Project Cliff Kopp
October 8	Interact Workshop 9 - 5 Ann Goody
October 16	Rotary Means Business
October 21	Project Compassion for END POLIO NOW
October 24	Kona Kine Oktoberfest Sylvia Owens
October 25	PRLS Training Program Clint Schroeder 808-295-8667
November 20	Rotary Means Business
December 13	3rd Annual Menehune Food Drive Cliff Kopp
December 13	30th Annual Christmas Parade Cliff Kopp
December 23	Ding Dong Dinner Ditch & Party Ann Goody
December 24	DAS Shelter Santa's Visit



Note that there will likely be additions and changes to the above dates.



Paul Harris
Founder of Rotary



Gary Huang
RI President
2014 - 2015



Laura Steelquist
District 5000
Governor



Donna Hiranaka
West Hawai'i
Assistant Governor



Mike Fraser
Club President
2014 - 2015

September 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9 Board Meeting	10	11	12	13
14	15	16	17	18 Rotary Means Business 5 - 7 Humpy's	19	20 Collection Day for Shelter at Walmart
21	22	23  ANNIVERSARY Ben and Sona	24	25	26	27
28	29	30				

October 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 DAS Project
5	6  Sylvia	7 Board Meeting	8	9	10	11
12	13	14	15	16 Rotary Means Business Humpy's 5 - 7  ANNIVERSARY Sylvia & Chuck	17	18
19	20	21	22	23	24	25 PRLS Training
26	27	28	29	30	31	